

Problem bingo

How problematic are you?



Fake



Friends

Jealous



Can't stop

saying "like"



Can't stay

still



Eats too

much



Always

depressed

Gets

bullied



Not open

to change



Picky



Can't stop

getting sick



Anxiety

Chews/

bites nails

Free space

Lonely

Has

nightmares

ADHD

Eats too

little

Has a

depressing

playlist



Couch

potato

Has

insomnia



Wishes you were

someone else



Obsesses over

random things

Gender

dysphoria

Uses self

h@rm



Pick me

